

# Creativity, Activity, Service (CAS) / Extracurricular Activities



As an International Baccalaureate (IB) Candidate School, Campus International strives to introduce and reinforce opportunities for students to engage in “Creativity, Activity, and Service” (CAS) throughout their high school careers. Students are required to engage in a certain number of CAS hours each year at CIHS. In all school-based CAS opportunities, or what can also be referred to as extracurricular activities, Campus International School emphasizes the motto: *Ambition. Commitment. Allegiance*. Our philosophy for student activities is represented by the following:

Campus International School cultivates balanced scholars who embody ambition, commitment, and allegiance to each other, their school, and their community as they pursue excellence in the areas of their personal passions.

CIS provides three different structures for CAS:

- **After School Programs (High Intensity)** – Time-intensive and seasonal commitments such as athletics programs, theatre, debate, and Science Olympiad all take place during before or after school hours.
- **Student Organizations (Low-Intensity)** – Student clubs and organizations, including affinity groups, meet during student lunch, common hour, and advisory periods, and may need more intensive meetings at times when planning major events, but for the most part do not require intensive engagement. Examples might include Queer-Straight Alliance, a Girls Empowerment Group, various cultural organizations, etc.
- **Student Clubs & CAS Activities (Medium-Intensity)** – Students may choose to participate in Student Clubs or CAS Activities that meet more regularly during “common hour” on Monday, Wednesday, and/or Friday. These activities may include things like African Drumming, Capoeira, Video Game Development, Chess Club, etc.

Students will be able to learn more about CAS opportunities and sign up during our Fall CAS Fair on August 13<sup>th</sup>. Opportunities include: Speech & Debate, Theatre, Athletics (Crew, Sailing, Cross-Country, Soccer, Volleyball, Basketball, Bowling, Rugby, Track & Field), Affinity Clubs, Cultural Organizations, other student interest groups, Chess Club, Video Game Development Workshop, African Drumming, Capoeira, Ceramics, Photography Club, Model United Nations, Mock Trial, Ambassador Corps, and More!

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## *Cultural Celebration Months*

Student clubs and organizations are responsible for organizing school-wide “celebration months”, mostly around the diverse cultures in our community. **Parents and family members are welcome to volunteer to support!** This year’s “celebration months” are tentatively scheduled as follows:

September	October	November	December	
Latino Heritage Month	Service Month	Native American Heritage Month	European Heritage Month	
January	February	March	April	May
African / Middle Eastern Heritage Month	Black History Month	Women’s History Month	Asian / Pacific Islander Heritage Month	LGBTQ Pride Month

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## *Pop-Up Classes*

New this year is a concept we are calling “Pop-Up Classes”. These spontaneous opportunities to share our knowledge with each other offer a limitless variety of topics for exploration, and more importantly, put our students, families, and community members in a position to share their expertise with our students and each other. Pop-Up Classes will mainly take place during “common hour” from 11:20 AM to 12:20 PM on Monday, Wednesday, and Friday, but will not be limited to that time or even to Campus International as a space. So whether it’s something as simple as “Learning to Bake a Rosca de Reyes for Three Kings Day” or something as complicated as “Symbolism in the Music Video for Childish Gambino’s *This is America*”, we encourage students and parents to contact Mr. Charles Ellenbogen ([charles.ellenbogen@clevelandmetroschools.org](mailto:charles.ellenbogen@clevelandmetroschools.org)). Mr. Ellenbogen is our Language & Literature Department Chair and our Pop-Up Classes curator.